Teaching Philosophy

I would like to be given the opportunity to teach children the importance of physical activity and also teach children how much fun physical activity can actually be. I want to show them that physical activity not only will benefit them in a physical way but will also affect them psychologically. I will strive to give each student an equal and a supported chance at every activity no matter what adaptations or changes that needs to be made. Instilling these thoughts, feelings, and beliefs into children is my dream and will do everything in my power to succeed.

Physical education is very important, but yet it seems to have a very negative stigma around it for most children. Children should understand that physical education and physical activities should not be something they dread but more what they look forward to. Teaching them adaptations and modifications to everyday activities will be one key way of helping them understand the ways to stay physically fit. Much like Piaget taught, I want to give the students the opportunity to modify their own games, their own everyday activities to make them more guided in the physically fit direction. Using their brains to be creative will be essential to helping them understand how easy and fun it is to stay physically active and physically fit. I truly believe that following these ideas and beliefs I will succeed in making children understand these principals and they will have a lot of fun while doing it.

It is my dream to become a physical educator because it is my passion and my life. Being physically active is very important to me and I know that my students will be able to understand and share my passion towards it. I am very confident in my beliefs but am also willing to change and adapt to the best of my students. Taking on the challenge of instilling the love of physical education is a challenge and I am well prepared for and am excited to take on.